A HANDWRITTEN COLLECTION

FAMILY RECIPES & STORIES.

Made in a kitchen.
Kept in your handwriting.

56	56	01
RECIPES TO KEEP	STORIES TO TELL	TABLE OF YOUR OWN

The people. The measurements. The little things.

A HANDWRITTEN COLLECTION

A RECIPE IS ONLY HALF THE STORY.

Measurements help another person cook a dish. Your handwriting can keep the rest: who made it, what they noticed and why it mattered.

This is a book for recipes you actually cook, recipes someone chooses to share with you, and new versions you are still figuring out. Unknown origins and unfinished memories can stay unfinished.

Family can mean relatives, chosen family, friends, neighbours or the people who make a table feel like yours. There is no single kind of household this book expects.

Human direction and AI assistance helped shape this book's design and prompts. The recipes, memories and words you put inside come from you and the people you choose to learn from.

No account or upload is needed. Keep the book offline if you prefer. Share a recipe or a story only when you want to, with the people you want to include.

GOOD FOOD HAS A HUMAN STORY.

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MAKE IT YOURS.

01 Each recipe has a facing story page. Use the left page for the ingredients and method; use the right for the person, place or moment that makes it yours.

02 The printed story questions are invitations. Skip them, cross them out or use the space for an extra method, a sketch, a variation or your own question.

03 Use whatever units you cook with. Add grams, cups, teaspoons or another unit beside each quantity. Note pan sizes, heat settings and useful cues in the method.

04 Record what you know and credit a source when you can. Ask before recording someone else's private story. Names, dates and personal details are optional.

05 Follow appropriate food-safety guidance for the ingredients and cooking methods you use. This blank recipe keeper does not verify recipes or preservation methods.

06 Make the index work for you. Recipes can go in any order. A used page, a crossed-out line and a revised version all belong here.

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FIND A RECIPE.

Write a name as you add each recipe. Its story lives on the next page.

RECIPE		PAGE	RECIPE		PAGE
01		008	15		036
02		010	16		038
03		012	17		040
04		014	18		042
05		016	19		044
06		018	20		046
07		020	21		048
08		022	22		050
09		024	23		052
10		026	24		054
11		028	25		056
12		030	26		058
13		032	27		060
14		034	28		062

A HANDWRITTEN COLLECTION

A BOOK TO PASS BETWEEN HANDS.

A gift, a shared project or a place to start your own collection.

FOR

FROM

DATE

A NOTE TO BEGIN

No need to finish the book before it has something worth keeping.

01 / WHERE IT BEGAN

RECIPE 01

THE STORY / 009

RECIPE NAME

SERVES / MAKES

PREP TIME

COOK TIME

SHARED BY / SOURCE

DATE

QTY + UNIT	INGREDIENT / PREPARATION

METHOD

Include pan size, heat and the signs you look for.

01

02

03

04

05

06

07

08

Need more room? Use the facing page for extra steps or variations.

01 / WHERE IT BEGAN

STORY 01

THE RECIPE / 008

THE FIRST TASTE

Where did you first eat this dish? Describe the place, the people or one small detail you can still picture.

What would help someone recreate the feeling, as well as the food?

Your story, an extra method, a drawing or a note. Use the space your way.

03 / KITCHEN RITUALS

RECIPE 15

THE STORY / 037

RECIPE NAME

SERVES / MAKES

PREP TIME

COOK TIME

SHARED BY / SOURCE

DATE

QTY + UNIT	INGREDIENT / PREPARATION

METHOD

Include pan size, heat and the signs you look for.

01

02

03

04

05

06

07

08

Need more room? Use the facing page for extra steps or variations.

BEFORE WE BEGIN

What happens before this recipe starts: clearing a counter, putting on music, choosing a pan or asking for help?

The first small step I recommend

Your story, an extra method, a drawing or a note. Use the space your way.

08 / NEW TRADITIONS

RECIPE 50

THE STORY / 107

RECIPE NAME

SERVES / MAKES

PREP TIME

COOK TIME

SHARED BY / SOURCE

DATE

QTY + UNIT	INGREDIENT / PREPARATION

METHOD

Include pan size, heat and the signs you look for.

01

02

03

04

05

06

07

08

Need more room? Use the facing page for extra steps or variations.

08 / NEW TRADITIONS

STORY 50

THE RECIPE / 106

OUR VERSION STARTS HERE

If this is a new recipe in your life, what drew you to it? A tradition can begin with an ordinary first attempt.

The occasion I might repeat

Your story, an extra method, a drawing or a note. Use the space your way.

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WHAT WE PASS ON.

A final note for yourself or for someone who may cook from these pages. What would you like them to know?

The next recipe, story or tradition can begin wherever there is room.