Everyone Hates AI

A HOUSEHOLD REFERENCE

THE HOME BOOK

The people, routines and knowledge that make a home.



For Human Use Only

48 USEFUL RECORDS

THE KNOWLEDGE WE KEEP AT HOME

THE HOME BOOK

The people, routines and knowledge that make a home.

A useful place to write it down.

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A NOTE TO BEGIN

A home holds a lot of knowledge.

Who knows how that thing works. Where the instructions went. The meal everyone asks for. A home runs on hundreds of small details, and many live in one person's head.

This book gives the useful ones a place on paper. Keep contacts, routines, records, and the ways of doing things that belong to this household. It can serve one person, a shared home, renters, owners, or people living here for a while.

Use the pages that fit. Leave others blank or give them a different purpose. A few current records can be more useful than a complete book that nobody returns to.

Paper remains readable without electricity, internet access, or an account. Keep this book where the right people can find it, and update it when something changes.

Useful knowledge, close at hand.

THIS COPY

For the home we make.

HOME / HOUSEHOLD NAME

PEOPLE WHO MAY USE THIS BOOK

STARTED ON / LAST OVERALL REVIEW

WHERE WE KEEP THIS BOOK / A NOTE FOR ITS READERS

HOW TO USE THESE PAGES

Keep it useful. Keep it current.

Start with a real question.

Choose a page that answers something people ask. Use the fields, tables, and facing notes page in the way that fits your household.

Write the source and date.

Check contact details, model references, and changing local rules. Note where the full instructions live and when you confirmed an entry.

Agree on what is shared.

Ask before recording someone else's contact or preferences. Keep passwords, PINs, recovery codes, identity numbers, and secret access details elsewhere.

Use the right instructions.

These are record pages, not technical, medical, or emergency procedures. Follow current official, manufacturer, or qualified professional guidance where needed.

Make changes easy to find.

Use the update space on each facing page. Continue on pages 112–117 and add the page number. Build your own finding list on pages 118–119.

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A place for the details.

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Contacts, local places and where things belong.

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The repeated tasks that make life easier.

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Useful records, maintenance and practical skills.

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01

People & Places

This section gives the people and places of your household a clear place on paper. A household can be one person, a couple, friends, relatives, or another arrangement entirely. Record the contacts you actually use, the places you return to, and where useful things belong. Choose what is appropriate to keep in a book that others may open. A few current details are more useful than a directory nobody can maintain.

01 / PEOPLE & PLACES / 02

The Household Directory

Keep the everyday contact details members of this household want to share. Include preferred names and ways to get in touch. Leave out information people would rather keep private.

BOOK CONTACT / WHO UPDATES THIS PAGE

PREFERRED WAY TO REACH THE HOUSEHOLD

DETAILS TO CHECK AGAIN ON

PEOPLE IN THIS HOUSEHOLD

NAME	PREFERRED CONTACT	USEFUL NOTE

01 / PEOPLE & PLACES / NOTES + UPDATES

How We Reach One Another

Add availability notes, communication preferences, or a contact method that works when the usual one does not.

MORE DETAILS / A SKETCH / A CONTINUED LIST

CHANGES / LAST CHECKED

DATE	UPDATE / SOURCE	NEXT CHECK

02

Everyday Routines

A useful routine fits the people who live with it. These pages give ordinary tasks a place to be explained, shared, and changed. Record what actually helps in your home, including the tasks that happen less often or depend on the season. You can leave any page unused, adapt its purpose, or come back when a routine becomes useful. Nobody needs to complete every box to make this book worth keeping.

02 / EVERYDAY ROUTINES / 01

A Usual Day

Sketch the flow of a typical day. Use time windows or events instead of exact times if that works better. Include only routines that help someone understand how this home runs.

DAY / TYPE OF DAY

WHAT MAKES THE DAY EASIER

WHAT CAN MOVE OR WAIT

THE SHAPE OF OUR DAY

TIME / CUE	USUAL ACTIVITY	PERSON / NOTE

02 / EVERYDAY ROUTINES / NOTES + UPDATES

When the Day Is Different

Add a weekend, work shift, quiet day, or another variation. Explain which parts matter and which can change.

MORE DETAILS / A SKETCH / A CONTINUED LIST

CHANGES / LAST CHECKED

DATE	UPDATE / SOURCE	NEXT CHECK

03

Care & Know-How

Good household notes save the next person from starting from scratch. Keep the model name, the location of instructions, a useful service history, or the small detail that makes a familiar task easier. Use these pages for records and knowledge you already have. Follow current manufacturer or professional guidance for technical work. When a task needs qualified help, the useful note may simply be whom to call and where the right information is kept.

03 / CARE & KNOW-HOW / 02

When Something Needs Repair

Record a problem clearly before contacting the responsible person or service provider. Note what you observed and when. This page does not ask you to diagnose or attempt technical work.

ITEM / LOCATION

WHAT WE OBSERVED / WHEN

RESPONSIBLE CONTACT / HOW REPORTED

ISSUE AND FOLLOW-UP LOG

DATE	ACTION / CONTACT	RESULT / NEXT STEP

03 / CARE & KNOW-HOW / NOTES + UPDATES

What We Learned from the Visit

Record the provider's explanation, agreed work, and any current written instructions they supplied. Keep a reference to the full service record.

MORE DETAILS / A SKETCH / A CONTINUED LIST

CHANGES / LAST CHECKED

DATE	UPDATE / SOURCE	NEXT CHECK

04 / THE WAY WE LIVE

04

The Way We Live

A home also holds ways of doing things that a contact list cannot explain. The meal people request, the kind of welcome you offer, the quiet someone needs, the little tradition that makes a day familiar. These pages give those preferences and agreements a place alongside practical knowledge. Let each person describe their own needs and contributions. The aim is a useful picture of this particular household, with space for it to change.

04 / THE WAY WE LIVE / 02

Meals That Feel Like Home

Choose a meal people associate with this home. Record the recipe location and the details around serving it. Keep a full recipe elsewhere in this book if that is more useful.

MEAL / WHOSE VERSION

RECIPE LOCATION / PAGE

WHEN WE USUALLY MAKE IT

WHAT GOES WITH IT

PART OF THE MEAL	OUR USUAL DETAIL

04 / THE WAY WE LIVE / NOTES + UPDATES

The Story Around the Table

Write why this meal matters, who introduced it, or a serving detail you would like someone to remember.

MORE DETAILS / A SKETCH / A CONTINUED LIST

CHANGES / LAST CHECKED

DATE	UPDATE / SOURCE	NEXT CHECK

EXTRA RECORDS AND NOTES

Another record to keep.

Use this page for a detail that needs its own record. Add a subject, date, and the source of the information.

RELATED PAGE / SOURCE / DATE

YOUR HOUSEHOLD INDEX

Find the useful detail.

Record a contact, object, routine, or subject and the page where it can be found.

SUBJECT / DETAIL	PAGE

KEEP IT CLOSE

A book that can change with you.

A useful household book grows from use. Cross out an old number, add the new routine, move an entry to a fresh page. Dates and sources help the next reader know what is current.

Keep this copy where the right people can find it. Choose what belongs in a shared reference and what you prefer to keep private. The most useful book is one you are comfortable opening again.

THE NEXT DETAIL WE WANT TO RECORD

AI helped create the design, illustration and record prompts.
The knowledge you choose to record belongs to your household.

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Everyone Hates AI

A HOME HOLDS MORE THAN THINGS.

It holds the number to call, the way a familiar task gets done, and the little details that make daily life work.

The Home Book brings those details together in 48 practical records: people and places, everyday routines, care and know-how, and the ways you make a home.

Fill in the fields, build your own lists, and use the facing pages for notes and updates. For one person or a shared household, in a place you rent, own, or call home for a while.

AI helped shape the design, illustration and record prompts.
You bring the household knowledge.

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